

**Mascoutah Middle School Lunch Menu**  
**August & September 2009**

**Menu Subject to Change**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>17</p> 	<p>18</p>	<p>19</p> 	<p>20</p> <p>1 / 2 Day School</p> <p>No Breakfast Or Lunch Will Be Served</p>	<p>21</p> <p><b>Choose One</b> Chef Salad &amp; Crackers Turkey Sub Ketchup &amp; Mustard Cheetos Pizza</p> <p><b>Choose Two</b> Salad &amp; Ranch Dressing Juice, Peaches, Raisins</p> <hr/> <p>Milk Variety</p>
<p>24</p> <p><b>Choose One</b> Chef Salad &amp; Crackers Cheese Sticks &amp; Sauce Chicken Quesadilla</p> <p><b>Choose Two</b> Mixed Vegetables, Juice Pineapple, Pears</p> <hr/> <p>Chocolate Pudding Milk Variety</p>	<p>25</p> <p><b>Choose One</b> Chef Salad &amp; Crackers Chicken Nuggets/BBQ Sauce/Ketchup Macaroni &amp; Cheese Ham Slice</p> <p><b>Choose Two</b> Broccoli, Apricots, Juice Mandarin Oranges</p> <hr/> <p>Scooby Graham Crackers Milk Variety</p>	<p>26</p> <p><b>Choose One</b> Chef Salad &amp; Crackers Spaghetti &amp; Meat Sauce Hot Roll &amp; Margarine Egg Roll &amp; Sauce</p> <p><b>Choose Two</b> Salad &amp; French Dressing, Applesauce, Peaches, Juice</p> <hr/> <p>Milk Variety</p>	<p>27</p> <p><b>Choose One</b> Chef Salad &amp; Crackers Hot Ham &amp; Cheese Ketchup &amp; Mustard Taco Salad</p> <p><b>Choose Two</b> Peas, Juice, Mixed Fruit, Banana Half</p> <hr/> <p>Rice Krispie Square Milk Variety</p>	<p>28</p> <p><b>Choose One</b> Chef Salad &amp; Crackers Pepperoni Pizza Toasted Cheese Sandwich</p> <p><b>Choose Two</b> Green Beans, Juice Apricots, Applesauce</p> <hr/> <p>Animal Crackers Milk Variety</p>
<p>31</p> <p><b>Choose One</b> Chef Salad &amp; Crackers Cheeseburger Helper Bread &amp; Margarine Slice Pizza</p> <p><b>Choose Two</b> Peas, Juice Pineapple, Applesauce</p> <hr/> <p>Scooby Fruit Snack Milk Variety</p>	<p>1</p> <p><b>Choose One</b> Chef Salad &amp; Crackers Hamburger on Bun Ketchup/Mustard/Pickle BBQ Rib on Bun/Pickle</p> <p><b>Choose Two</b> French Fries, Juice Mixed Fruit, Pears</p> <hr/> <p>Milk Variety</p>	<p>2</p> <p><b>Choose One</b> Chef Salad &amp; Crackers Egg Rolls &amp; Sauce Rice Big Daddy's Pizza</p> <p><b>Choose Two</b> Peas, Pineapple, Juice Apple Slices</p> <hr/> <p>Chocolate Chip Cookie Milk Variety</p>	<p>3</p> <p><b>Choose One</b> Chef Salad &amp; Crackers Salisbury Steak Bread &amp; Margarine Chicken Strips &amp; Sauce</p> <p><b>Choose Two</b> Mashed Potatoes &amp; Gravy Carrots, Juice, Orange Wedges</p> <hr/> <p>Milk Variety</p>	<p>4</p> <p><b>Choose One</b> Chef Salad &amp; Crackers Tacos Cheese/Lettuce/Salsa Toasted Ravioli &amp; Sauce</p> <p><b>Choose Two</b> Green Beans, Juice Apple Wedges, Mixed Fruit</p> <hr/> <p>Vanilla Wafers Milk Variety</p>
<p>7</p> <p>No School Labor Day</p> 	<p>8</p> <p><b>Choose One</b> Salad Bar &amp; Crackers/Soup Ravioli &amp; Sauce Cheese Cup Big Daddy's Pizza</p> <p><b>Choose Two</b> Salad &amp; French Dressing, Juice, Peaches, Mandarin Oranges</p> <hr/> <p>Milk Variety</p>	<p>9</p> <p><b>Choose One</b> Salad Bar &amp; Crackers Texas Straw Hats Chicken Club on Bun Lettuce &amp; Mayonnaise</p> <p><b>Choose Two</b> Green Beans, Juice Apricots, Banana Half</p> <hr/> <p>Graham Cracker Milk Variety</p>	<p>10</p> <p><b>Choose One</b> Salad Bar &amp; Crackers/Soup Chicken Nuggets/BBQ Sauce/ Ketchup Macaroni &amp; Cheese Ham Slice</p> <p><b>Choose Two</b> Broccoli, Pears, Juice Mandarin Oranges</p> <hr/> <p>Vanilla Wafers Milk Variety</p>	<p>11</p> <p><b>Choose One</b> Salad Bar &amp; Crackers Corn Dog Hamburger on Bun Ketchup/Mustard/Pickle</p> <p><b>Choose Two</b> Tatar Tots, Juice Mixed Fruit, Peaches</p> <hr/> <p>Brownie Milk Variety</p>
<p>14</p> <p><b>Choose One</b> Salad Bar &amp; Crackers Chicken Drumstick Bread &amp; Margarine Meat Loaf &amp; Gravy Bread &amp; Margarine</p> <p><b>Choose Two</b> Mashed Potatoes &amp; Gravy, Juice, Mixed Fruit, Pears</p> <hr/> <p>Milk Variety</p>	<p>15</p> <p><b>Choose One</b> Salad Bar &amp; Crackers/Soup Hot Dog on Bun Ketchup &amp; Mustard Chicken Club Lettuce &amp; Mayonnaise</p> <p><b>Choose Two</b> Baked Beans, Juice Peaches, Orange Wedge</p> <hr/> <p>Chocolate Cake Milk Variety</p>	<p>16</p> <p><b>Choose One</b> Salad Bar &amp; Crackers Sausage Pizza Taco Salad</p> <p><b>Choose Two</b> Salad &amp; Ranch Dressing, Juice, Apricots, Applesauce</p> <hr/> <p>Apple Crisp Milk Variety</p>	<p>17</p> <p><b>Choose One</b> Salad Bar &amp; Crackers/Soup Hamburger on Bun Ketchup/Mustard/Pickle French Bread Pizza</p> <p><b>Choose Two</b> French Fries, Juice Mixed Fruit, Pears</p> <hr/> <p>Milk Variety</p>	<p>18</p> <p><b>Choose One</b> Salad Bar &amp; Crackers Fiestada Rice Popcorn Chicken Ketchup</p> <p><b>Choose Two</b> Salad &amp; Ranch Dressing, Juice Peaches, Pineapple</p> <hr/> <p>Milk Variety</p>

<p>21  <b>Choose One</b>  Salad Bar &amp; Crackers  Pepperoni Hot Pocket  Hot Roast Beef &amp; Cheese on  Croissant  Mayonnaise &amp; Mustard  <b>Choose Two</b>  Green Beans, Juice  Mixed Fruit, Applesauce  Chocolate Pudding  Milk Variety</p>	<p>22  <b>Choose One</b>  Salad Bar &amp; Crackers/Soup  Chicken Patty on Bun  Ketchup &amp; Mustard  Chili Crispito  <b>Choose Two</b>  French Fries, Apricots  Mandarin Oranges, Juice  Scooby Grahams  Milk Variety</p>	<p>23  <b>Choose One</b>  Salad Bar &amp; Crackers  Homemade Vegetable Beef  Soup &amp; Crackers  Cheese Stick  Sweet &amp; Sour Chicken &amp;  Rice  <b>Choose Two</b>  Corn, Raisins,  Juice, Pineapple  Milk Variety</p>	<p>24  <b>Choose One</b>  Salad Bar &amp; Crackers/Soup  Chicken Fajitas  Lettuce/Cheese/Salsa  BBQ Rib on Bun/ Pickle  <b>Choose Two</b>  Peas, Juice  Pears, Banana Half  Milk Variety</p>	<p>25  <b>Choose One</b>  Salad Bar &amp; Crackers  Corn Dog  Ketchup &amp; Mustard  Chicken Strips &amp; Sauce  <b>Choose Two</b>  Tatar Tots, Juice  Mixed Fruit, Peaches  Brownie  Milk Variety</p>
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\*\* A Peanut Butter & Grape Jelly Uncrustable May be substituted for Any Main Entree