

Mascoutah Middle School Lunch Menu

October 2009

Menu Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
28 <b>Choose One</b> Chef Salad & Crackers Cheese Sticks & Sauce Chicken Quesadilla <b>Choose Two</b> Mixed Vegetables, Juice Pineapple, Pears <hr/> Chocolate Pudding Milk Variety	29 <b>Choose One</b> Chef Salad & Crackers Chicken Nuggets/BBQ Sauce/Ketchup Macaroni & Cheese Ham Slice <b>Choose Two</b> Broccoli, Apricots, Juice Mandarin Oranges <hr/> Scooby Graham Crackers Milk Variety	30 <b>Choose One</b> Chef Salad & Crackers Spaghetti & Meat Sauce Hot Roll & Margarine Egg Roll & Sauce <b>Choose Two</b> Salad & French Dressing, Applesauce, Peaches, Juice <hr/> Milk Variety	1 <b>Choose One</b> Chef Salad & Crackers Hot Ham & Cheese Ketchup & Mustard Taco Salad <b>Choose Two</b> Peas, Juice, Mixed Fruit, Banana Half <hr/> Rice Krispie Square Milk Variety	2 <b>Choose One</b> Chef Salad & Crackers Pepperoni Pizza Toasted Cheese Sandwich <b>Choose Two</b> Green Beans, Juice Apricots, Applesauce <hr/> Animal Crackers Milk Variety
5 <b>Choose One</b> Chef Salad & Crackers Cheeseburger Helper Bread & Margarine Slice Pizza <b>Choose Two</b> Peas, Juice Pineapple, Applesauce <hr/> Scooby Fruit Snack Milk Variety	6 <b>Choose One</b> Chef Salad & Crackers Hamburger on Bun Ketchup/Mustard/Pickle BBQ Rib on Bun/Pickle <b>Choose Two</b> French Fries, Juice Mixed Fruit, Pears <hr/> Milk Variety	7 <b>Choose One</b> Chef Salad & Crackers Egg Rolls & Sauce Rice Big Daddy's Pizza <b>Choose Two</b> Peas, Pineapple, Juice Apple Slices <hr/> Chocolate Chip Cookie Milk Variety	8 <b>Choose One</b> Chef Salad & Crackers Salisbury Steak Bread & Margarine Chicken Strips & Sauce <b>Choose Two</b> Mashed Potatoes & Gravy Carrots, Juice, Orange Wedges <hr/> Milk Variety	9 <p style="text-align: center;"><b>NO SCHOOL TEACHER'S COUNTY INSTITUTE</b></p>
12 <p style="text-align: center;"><b>NO SCHOOL COLUMBUS DAY</b></p> 	13 <b>Choose One</b> Chef Salad & Crackers Ravioli & Sauce Cheese Cup Big Daddy's Pizza <b>Choose Two</b> Salad & French Dressing, Juice, Peaches, Mandarin Oranges <hr/> Milk Variety	14 <b>Choose One</b> Chef Salad & Crackers Texas Straw Hats Chicken Club on Bun Lettuce & Mayonnaise <b>Choose Two</b> Green Beans, Juice Apricots, Banana Half <hr/> Graham Cracker Milk Variety	15 <b>Choose One</b> Chef Salad & Crackers Chicken Nuggets/BBQ Sauce/ Ketchup Macaroni & Cheese Ham Slice <b>Choose Two</b> Broccoli, Pears, Juice Mandarin Oranges <hr/> Vanilla Wafers Milk Variety	16 <b>Choose One</b> Chef Salad & Crackers Corn Dog Hamburger on Bun Ketchup/Mustard/Pickle <b>Choose Two</b> Tatar Tots, Juice Mixed Fruit, Peaches <hr/> Football Cookie Milk Variety
19 <b>Choose One</b> Chef Salad & Crackers Chicken Drummie Bread & Margarine Meat Loaf & Gravy Bread & Margarine <b>Choose Two</b> Mashed Potatoes & Gravy, Juice, Mixed Fruit, Pears <hr/> Milk Variety	20 <b>Choose One</b> Chef Salad & Crackers Hot Dog on Bun Ketchup & Mustard Chicken Club Lettuce & Mayonnaise <b>Choose Two</b> Baked Beans, Juice Peaches, Orange Wedge <hr/> Milk Variety	21 <b>Choose One</b> Chef Salad & Crackers Sausage Pizza Taco Salad <b>Choose Two</b> Salad & Ranch Dressing, Juice, Apricots, Applesauce <hr/> Apple Crisp Milk Variety	22 <b>Choose One</b> Chef Salad & Crackers Hamburger on Bun Ketchup/Mustard/Pickle French Bread Pizza <b>Choose Two</b> French Fries, Juice Mixed Fruit, Pears <hr/> Milk Variety	23 <b>Choose One</b> Chef Salad & Crackers Fiestada Rice Popcorn Chicken Ketchup <b>Choose Two</b> Salad & Ranch Dressing, Juice Peaches, Pineapple <hr/> Chocolate Cake Milk Variety
26 <b>Choose One</b> Chef Salad & Crackers Pepperoni Hot Pocket Hot Roast Beef & Cheese on Croissant Mayonnaise & Mustard <b>Choose Two</b> Green Beans, Juice Mixed Fruit, Applesauce <hr/> Chocolate Pudding Milk Variety	27 <b>Choose One</b> Chef Salad & Crackers Chicken Patty on Bun Ketchup & Mustard Chili Crispito <b>Choose Two</b> French Fries, Apricots Mandarin Oranges, Juice <hr/> Scooby Grahams Milk Variety	28 <b>Choose One</b> Chef Salad & Crackers Homemade Vegetable Beef Soup & Crackers Cheese Stick Sweet & Sour Chicken & Rice <b>Choose Two</b> Corn, Trail Mix Juice, Pineapple <hr/> Milk Variety	29 <b>Choose One</b> Chef Salad & Crackers Chicken Fajitas Lettuce/Cheese/Salsa BBQ Rib on Bun/ Pickle <b>Choose Two</b> Peas, Juice Pears, Banana Half <hr/> Milk Variety	30 <b>Choose One</b> Chef Salad & Crackers Chili w/Crackers Pretzel Treat Chicken Strips & Sauce <b>Choose Two</b> Corn, Juice Mixed Fruit, Peaches <hr/> Shape Up Milk Variety

\*\* A Peanut Butter & Grape Jelly Uncrustable May be substituted for Any Main Entree