


Mascoutah High School Lunch Menu
October 2009

Menu Subject To Change

Monday	Tuesday	Wednesday	Thursday	Friday
<p>28 Choose One Salad Bar & Crackers Cheese Sticks & Sauce Chicken Quesadilla Choose Two Mixed Vegetables, Juice Pineapple, Pears <hr/>Chocolate Pudding Milk Variety</p>	<p>29 Choose One Salad Bar & Crackers/Soup Chicken Nuggets/BBQ Sauce/Ketchup Macaroni & Cheese Ham Slice Choose Two Broccoli, Apricots, Juice Mandarin Oranges <hr/>Scooby Graham Crackers Milk Variety</p>	<p>30 Choose One Salad Bar & Crackers Spaghetti & Meat Sauce Hot Roll & Margarine Egg Roll & Sauce Choose Two Salad & French Dressing, Applesauce, Peaches, Juice <hr/>Milk Variety</p>	<p>1 Choose One Salad Bar & Crackers/Soup Hot Ham & Cheese Ketchup & Mustard Taco Salad Choose Two Peas, Juice, Mixed Fruit, Banana Half <hr/>Rice Krispie Square Milk Variety</p>	<p>2 Choose One Salad Bar & Crackers Pepperoni Pizza Toasted Cheese Sandwich Choose Two Green Beans, Juice Apricots, Applesauce <hr/>Animal Crackers Milk Variety</p>
<p>5 Choose One Salad Bar & Crackers Cheeseburger Helper Bread & Margarine Slice Pizza Choose Two Peas, Juice Pineapple, Applesauce <hr/>Scooby Fruit Snack Milk Variety</p>	<p>6 Choose One Salad Bar & Crackers/Soup Hamburger on Bun Ketchup/Mustard/Pickle BBQ Rib on Bun/Pickle Choose Two French Fries, Juice Mixed Fruit, Pears <hr/>Milk Variety</p>	<p>7 Choose One Salad Bar & Crackers Egg Rolls & Sauce Rice Big Daddy's Pizza Choose Two Peas, Pineapple, Juice Apple Slices <hr/>Chocolate Chip Cookie Milk Variety</p>	<p>8 Choose One Salad Bar & Crackers/Soup Salisbury Steak Bread & Margarine Chicken Strips & Sauce Choose Two Mashed Potatoes & Gravy Carrots, Juice, Orange Wedges <hr/>Milk Variety</p>	<p>9 NO SCHOOL TEACHER'S INSTITUTE</p>
<p>12 NO SCHOOL COLUMBUS DAY </p>	<p>13 Choose One Salad Bar & Crackers/Soup Ravioli & Sauce Cheese Cup Big Daddy's Pizza Choose Two Salad & French Dressing, Juice, Peaches, Mandarin Oranges <hr/>Milk Variety</p>	<p>14 Choose One Salad Bar & Crackers Texas Straw Hats Baked Potato Bar Choose Two Green Beans, Juice Apricots, Banana Half <hr/>Scooby Graham Cracker Milk Variety</p>	<p>15 Choose One Salad Bar & Crackers/Soup Chicken Nuggets/BBQ Sauce/ Ketchup Macaroni & Cheese Ham Slice Choose Two Broccoli, Pears, Juice Mandarin Oranges <hr/>Vanilla Wafers Milk Variety</p>	<p>16 Choose One Salad Bar & Crackers Corn Dog Hamburger on Bun Ketchup/Mustard/Pickle Choose Two Tatar Tots, Juice Mixed Fruit, Peaches <hr/>Football Cookie Milk Variety</p>
<p>19 Choose One Salad Bar & Crackers Chicken Drummie Bread & Margarine Meat Loaf & Gravy Bread & Margarine Choose Two Mashed Potatoes & Gravy, Juice, Mixed Fruit, Pears <hr/>Milk Variety</p>	<p>20 Choose One Salad Bar & Crackers/Soup Hot Dog on Bun Ketchup & Mustard Chicken Club Lettuce & Mayonnaise Choose Two Baked Beans, Juice Peaches, Orange Wedge <hr/>Milk Variety</p>	<p>21 Choose One Salad Bar & Crackers Sausage Pizza Taco Salad Choose Two Salad & Ranch Dressing, Juice, Apricots, Applesauce <hr/>Apple Crisp Milk Variety</p>	<p>22 Choose One Salad Bar & Crackers/Soup Hamburger on Bun Ketchup/Mustard/Pickle French Bread Pizza Choose Two French Fries, Juice Mixed Fruit, Pears <hr/>Milk Variety</p>	<p>23 Choose One Salad Bar & Crackers Fiestada Rice Popcorn Chicken Ketchup Choose Two Salad & Ranch Dressing, Juice Peaches, Pineapple <hr/>Chocolate Cake Milk Variety</p>
<p>26 Choose One Salad Bar & Crackers Pepperoni Hot Pocket Hot Roast Beef & Cheese on Croissant Mayonnaise Choose Two Green Beans, Juice Mixed Fruit, Applesauce <hr/>Chocolate Pudding Milk Variety</p>	<p>27 Choose One Salad Bar & Crackers/Soup Chicken Patty on Bun Ketchup & Mustard Chili Crispito Choose Two French Fries, Apricots Mandarin Oranges, Juice <hr/>Scooby Grahams Crackers Milk Variety</p>	<p>28 Choose One Salad Bar & Crackers Homemade Vegetable Beef Soup & Crackers Cheese Stick Sweet & Sour Chicken & Rice Choose Two Corn, Trail Mix Juice, Pineapple <hr/>Milk Variety</p>	<p>29 Choose One Salad Bar & Crackers/Soup Chicken Fajitas Lettuce/Cheese/Salsa BBQ Rib on Bun/ Pickle Choose Two Peas, Juice Pears, Banana Half <hr/>Milk Variety</p>	<p>30 Choose One Salad Bar & Crackers Chili w/Cracker Pretzel Treat Chicken Strips & Sauce Choose Two Tatar Tots, Juice Mixed Fruit, Peaches <hr/>Shape Up Milk Variety</p>

** A Peanut Butter & Grape Jelly Uncrustable May be substituted for Any Main Entree